

## I'M BLESSED BY THE BEST

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**Ephesians 1:3**

When someone asks you, “how you are feeling,” what is your response? It is important to tell them the truth. There is a response that reflects where we are as Christians no matter what is going on in our lives. That response is, “I am blessed by the best.” It is what Paul was trying to say in his letters to the saints in Ephesus to help us understand what it means to be a Christian. To be in Christ is to be blessed beyond measure. It is in Paul’s first half of the letter he tells about the wealth we have in Jesus. One of the seven wonders was in Ephesus. Some of the greatest treasures of the world were housed there. **Ephesians 2:19-22** Paul wanted the Christians to know of the great treasures they have by being in Christ. God is to be praised because He is the source of all our blessings. There is no one like our God. In His hands are the depths of the earth and the peaks of the mountains. He has all wealth; and He is not stingy with it. God has graciously made us rich in Christ Jesus. When you were born again you were born rich beyond measure no matter your pedigree.

To say that God is gracious is an understatement. He overwhelms us with His blessings. As you read Paul’s letter, you will understand that we were are not only blessed with God’s grace and mercy but with riches in Christ Jesus. He is referring to spiritual blessings that we get from God. In the Old Testament, they were referring to material blessings when they mentioned blessings. Back then blessings were considered rewards for obedience and good works. In the Old Testament, you had to follow God’s command in order to be blessed. However, now that we are saved by grace through faith, everything God has for us is already poured into our laps. It is a gift of His grace. God has promised to meet all our needs according to His riches in Christ Jesus.

Everything you need for life and living has already been given to you. Every blessing is secure because of your position in Christ. Paul said, “God has.” He didn’t say God will, God might, or God is thinking about it. God has already done it. It is a present possession. However, you have to understand that the spiritual blessings that are ours are more significant than material blessings. We tend to focus more on what we wear, what we drive, and/or where we live. When we compare our material blessings with others’ material blessings, we get mad at God because we feel we have less. You can have everything that money can buy and still be unhappy. Money can’t buy love, peace, health, or forgiveness. Money talks. It will get you in the right clubs, fraternities, sororities, and associations. Money can give you the material blessings but those material blessings are temporary. They can be here today and gone tomorrow. Spiritual blessings are permanent. They are always there to give you what you need to survive in this life.

Whatever you need and whatever you want is already there. We are blessed with every spiritual blessing in Christ. In the text, Paul is trying to make clear that the Trinity (God the Father, the Son,

and Holy Spirit) is coexisting, coeternal, and cooperative. It is the Spirit that convicts us of our sin. It is the Spirit that makes you a valuable piece of the body of Christ. It is through the Spirit that you are blessed with the fruit of the Spirit. **Galatians 22:23** Why are you always telling the Lord you need more peace because you are about to lose your mind when He has already given it you? Why are you always talking about needing more patience to deal with your children, your husband, or your parents when God has already put it in you? You are living in Spiritual poverty because you are not using the spiritual power within you. It is like having money in the bank and not knowing it is there. You have to use what you have. **Acts 19:1-7** Having the Holy Spirit is most important. Do you have the Holy Ghost? You think you are saved just because you have been baptized, or because you come to church, and you do a good deed every now and then. That's not true. You have to come boldly by faith. You have to have the gift of the Holy Spirit. You have been playing too long. Is there evidence in your life that you have the witness of the Holy Spirit?

Now that you are in Christ, your life is centered in Heaven. **Ephesians 2:6** Everything you are dealing with is really under your feet. You have power and authority. **Colossians 3:1** As Christians, we operate in two spheres, the earthly and the heavenly. **2 Corinthians 4:18** What is seen is temporary and what is unseen is permanent. You are living a double life because you are living in two spheres but you have to know where to put your focus. Wherever you are and whatever you are going through you have to keep your eyes fixed on the heavenly. When you don't keep your eyes fixed on Jesus through prayer and studying the Word, you are easily distracted. Don't look down. Don't look around to see what other people are saying and doing. You have to keep your eyes on the One who has blessed you with the best and blessed you to be the best.

Peace.

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